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NO *EGG- SCUSES*

There's plenty of things to do this Easter weekend besides overindulging on chocolate bunnies.



WKND

'It's not a guidebook, it's just what I went through' – The triumphant return of *Snow Patrol*



ALL PHOTOS PROVIDED

We spoke with lead singer Gary Lightbody about the band's first album in seven years, "Wildness."



PAT KING
patrick.king@metro.us

In popular music, does absence really make the heart grow fonder or is remaining in the zeitgeist just as important as the quality of an artist's body of work? This is a complicated and worthy question, as time away from the spotlight in the streaming age can mean the end of a career for some, while the holdout for a reunion for certain artists can only build a legion of rabid fans to build a newfound cult status.

In the case of the Irish band Snow Patrol's lead singer Gary Lightbody, before the release of the band's 2018 album "Wildness," he spent seven years uncertain of whether or not he would be able to write another song after their 2011 album "Fallen Empires." During that time, he had to do some serious soul-searching and introspective self-help that included kicking his addictions to both drugs and alcohol in order to be able to get a handle on the demons that were sidelining his creativity. I spoke with Lightbody about what seven years

without Snow Patrol was like and how he was able to overcome his fears and take the stage again.

Before last year's album ("Wildness"), it had been seven years since a proper Snow Patrol release. Do you feel that the time off put things in perspective for you? It's a difficult thing to think about at the time, I think, as you're sort of meeting each new challenge as it comes. In hindsight, I can see the picture quite clearly. But at the time, I was wading through a whole bunch of different stuff. I didn't know if I could write another song. I just thought that was it. I've told this story before but I apologize for recycling it. I read an interview with Henry Rollins, who I'm a big fan of... He was asked why he didn't make any music anymore and he said: "I've had my songs and that was it."

I was in a real barren drought for a long period of time and I read those words and I thought, "F-k. I've had my songs!" This is coming from the mountaintop. This is coming from Henry Rollins! A man I've admired as much as any. He just told me what the problem is. I've run out of f-king songs. It took me a while to get over that, to be honest. Not that I'm blaming Henry Rollins for any of this [laughs]. But it

did make me think that I was fighting an unwinnable war. It just made me dig in a little bit more. It took me a while to realize that this had nothing to do with the music. It was what was going on in my head that was the problem.

That was a long, long process and that's why it took seven years. It wasn't seven years of trying to make an album. It was five years of trying to get my life sorted and then six months of studio time making the record and 18 months of trying to write it with a clearer head.

At one time, you were writing as a music columnist for a couple of different magazines. Was writing a good creative outlet to help you to get in the right headspace for writing music again?

Partly that but also my degree is in English. I wanted to become a music journalist. With the band, it was 10 years before we had

a hit. So, I just assumed I would never have any success. I just figured that I would try to get into journalism. I was sending my stuff into magazines, I was living in Glasgow at the time, and I was kind of getting knocked back everywhere. The demos we were sending everywhere were getting knocked back. The copy I was sending was to magazines getting knocked back. It was a lot of slammed doors in the face but it kind of made me more resilient at the time. But, it got to the stage where people were actually asking me to write for columns when the band had some success. I just jumped at the chance. I've always

wanted to do it. I love enthusing about music. I've always wanted to tell people about the music I loved but I don't think I would be a good journal-

ist because I wouldn't be able to write about the music I didn't like. I never got to the situation where I had to write about an album I didn't like. That's not in me. I know what it takes to make a record. It's very hard. Even if I don't like something, to even think about criticizing it... If you put your heart and soul into a record, it has value.

A lot of the lyrical content on this album echoes strong messages of self-help. Your music has always been very full of empathy, but do you feel as though it is harder to really share yourself with your fans without it being a burden on your shoulders? Is that something you struggle with?

I think I used to struggle with it. I would keep something back from myself. Part of it was I thought, if I share this — the darkest places I wasn't able to open those doors and look the past, and any time I thought about trying to look in — I thought people would run from me was my greatest fear. If I showed anyone the darkest parts of myself, they wouldn't want to be my friends. The recovery from alcoholism and drug addiction was interwo-

ven with the album and I knew that once I opened those doors and not just looked inside but sat inside and shared many meals with my demons, that I was never going to be able to go back. There was no closing the doors, they were just going to be open. I had to write about it and I don't think I was necessarily brave, I was just too scared not to do it. It kind of backed me into a corner and I said: "Well, I have to do this now."

I didn't think people sent letters anymore, but I've got so many f-king letters. I don't know how they got my address, but I guess it must be on the internet somewhere! People saying how much the album means to them, means a lot to me. I think your responsibility has to be to yourself, in a way. Nobody wants to hear the record that you make for everybody else. They want to hear the record you make for you. You just have to hope that it relates to other people because if you start trying to second-guess what people want, you are doing you or your fans or anybody else who listens to your songs a disservice. It's not a guidebook, it's just what I went through. I'm glad that it has connected with some people.

Snow Patrol will be in town to play the Orpheum on Monday, April 29.



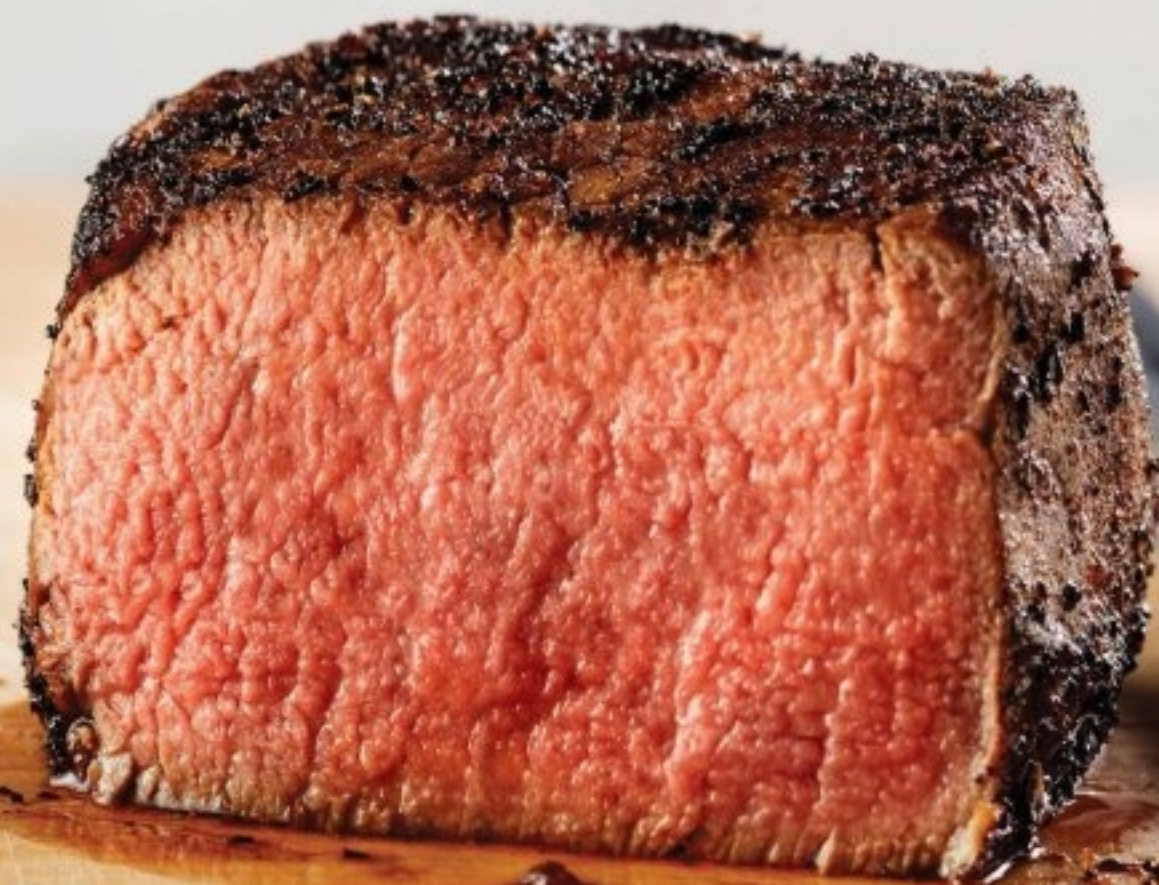


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ALL PHOTOS GETTY IMAGES



What to do in Boston on *Easter Sunday* 2019

Easter and Passover overlap this year and there's something for everyone.



TERRY MOSELEY
letters@metro.us

For those who celebrate Easter, the holiday falls on a different Sunday every year; coincidentally, Passover is observed from April 19 to 27. Meaning? There's something for everyone this Easter Sunday, April 21: an Easter egg hunt, petting zoo, a trip to the aquarium and yes, a Passover dinner.

Easter egg hunt
The Mandarin Oriental is offering a traditional

child-friendly Easter egg hunt in the hotel's Grand Ballroom. Parents can mix, mingle and enjoy a homemade treat from Pastry Chef Robert Differ, while their kids collect eggs and enjoy a visit and photo op with the Easter Bunny. One ticket (\$28) per child from 2:30-3 p.m. This event is offered complimentary to guests dining at Bar Boulud, Boston for Easter Brunch. Mandarin Oriental, 776 Boylston St., 617-535-8888

Easter Grand Buffet With Petting Zoo for Kids
Hop over to Fairmont Copley Plaza and celebrate Easter with a

family-friendly brunch buffet with multiple seating options at 10:30 and 11:00 a.m., and 2:00 and 2:30 p.m. As a special treat for your little ones, children can play with adorable farm animals from Enchanted Animal Parties petting zoo, participate in an Easter egg hunt, enjoy an arts and crafts section, and get creative at a decorate-your-own-cookie station. All leftovers from Easter brunch will be donated to Boston Rescue Mission, an organization that brings food to the hungry and homeless in the city. Tickets are \$115 each. Fairmont Copley Plaza, 138 St. James Ave., 617-267-5300

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WEEK TWO

~~APR. 11TH - 13TH~~

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★ APR. 19TH & 20TH ★

FINALS

APR. 26TH

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For more information and schedule, check out rockandrollrumble.com



If you're observing Passover (but not kosher) from April 19 to 27, **Our Fathers** is offering a special Passover seder three-course meal including chicken kreplach soup, wild ramps, brisket, parsley gremolata, apple walnut bulgar, chocolate matzo bark, Manischewitz ice cream and pistachio mini pavlova — all for \$40/ per person. **Our Fathers**, 197 N. Har-

vard St.

And finally, if you just need a place to walk around after eating the ears off many a chocolate bunny, the **New England Aquarium** is the place to go! There are thousands of aquatic animals to visit: little blue penguins, delicate leafy seadragon, lumbering sea turtles and an Indo-Pacific Coral Reef. You can even reach

out and gently stroke sharks and rays and watch northern fur seals and California sea lions play in the open-air exhibit. From watching penguin feeding to talks with the ocean tank divers and live animal demonstrations, there's something for everyone. **New England Aquarium**, 1 Central Wharf, 617-973-5200, <http://www.neaq.org>

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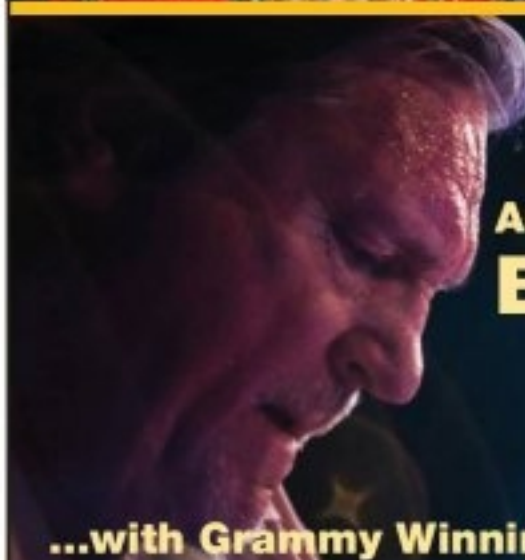


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STOCK

How to sidestep the potential pitfalls of travel credit cards

to earn points toward free flights, hotel stays and more can be almost irresistible. They're so appealing, in fact, that you can entirely forget that issuers of these cards are in business to make money. Merchant fees, interest charges, late fees and annual membership fees all have a way of tipping the balance sheet in the issuers' favor over the long term.

Even without grabbing the hottest new credit card offer, you can come out a loser in the points and miles game. Frequent traveler loyalty programs can lure you into making choices that are ultimately bad for your bottom line. Here are five ways to make sure you end up a

winner.

1. Pay off your credit card balance every month

Credit card interest rates are, for the most part, outrageous. Even highly rated, otherwise excellent credit cards charge annual percentage rates of anywhere from 14 percent to 27 percent per year when you carry a balance, making it all too easy to pay out double or triple what you might have earned in free travel.

Imagine, for example, you sign up for a credit card that requires you to charge \$4,000 in the first three months to earn 50,000 points, worth about \$500 to \$750 in travel. If you take three years to pay that off, at a

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APR 19

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MAY 3
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MAY 4
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MAY 4



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APR 20

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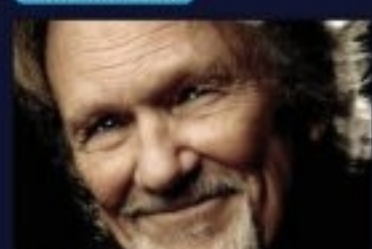
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27 percent APR you'll pay around \$1,900 in interest. So much for that "free" trip.

2. Include annual fees in your cost-benefit calculations

Travel credit cards' annual fees run the gamut, from no-annual-fee cards to ones that cost hundreds of dollars to carry. Many are around \$100 a year, which can be a bargain if you make good use of the card. But it's still a setback in your quest to come out ahead. When you're assessing the value of the travel rewards you'll earn with that new credit card, remember to factor in the annual fee.

3. Test-run some travel bookings

Earning, say, 50,000 airline miles for spending a certain amount of money on a card might sound like a steal, and airlines' claims that those miles can get you a round-trip ticket aren't lies. But will those miles get you a ticket where you want to go, when you want to go? The only way to find out is to search

the airline's website for flights to some of your likely destinations around the time you plan to take a vacation. You'll find that traveling during peak seasons (think anytime school's out) can require considerably more points than you might have expected. The same advice applies to hotel redemptions. Plug in some sample dates and destinations at the hotel's website, then select the "reserve with points" option to get a sense of how far your rewards will go.

4. Research your card's little perks

If you've seen or heard a credit card pitch lately, the list of perks can seem tantalizing. Concierge service, hotel room upgrades and "luxury travel" benefits may sound good, but not every cardholder can benefit from them.

Some credit cards come with membership in the Priority Pass network of airport lounges, which is great for certain travelers — and nearly useless for others. For example, Priority Pass members who regularly fly Alaska Airlines out of terminal

6 at Los Angeles International Airport can enjoy convenient lounge access before every flight. But if you're more likely to fly out of a different terminal, accessing the lounge may not be practical.

Similarly, credit cards sometimes confer privileges like free breakfast and late checkout with certain hotel brands. But you generally have to book through the program's website to get these benefits, which means you could miss out on a cheaper price on another website.

5. Always browse the competition

When you've got a big stash of points or miles in a loyalty program, you'll naturally want to keep adding to your balance so you can accumulate enough for your next free booking. That's a powerful incentive to stay loyal to a certain brand. But always check competitor offerings before you book. Better properties, better seats and better prices could more than make up for the points you won't earn if you stray.

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STEVE KROON



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SAT APR 20
JOHNNY O'NEAL
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UPCOMING SHOWS

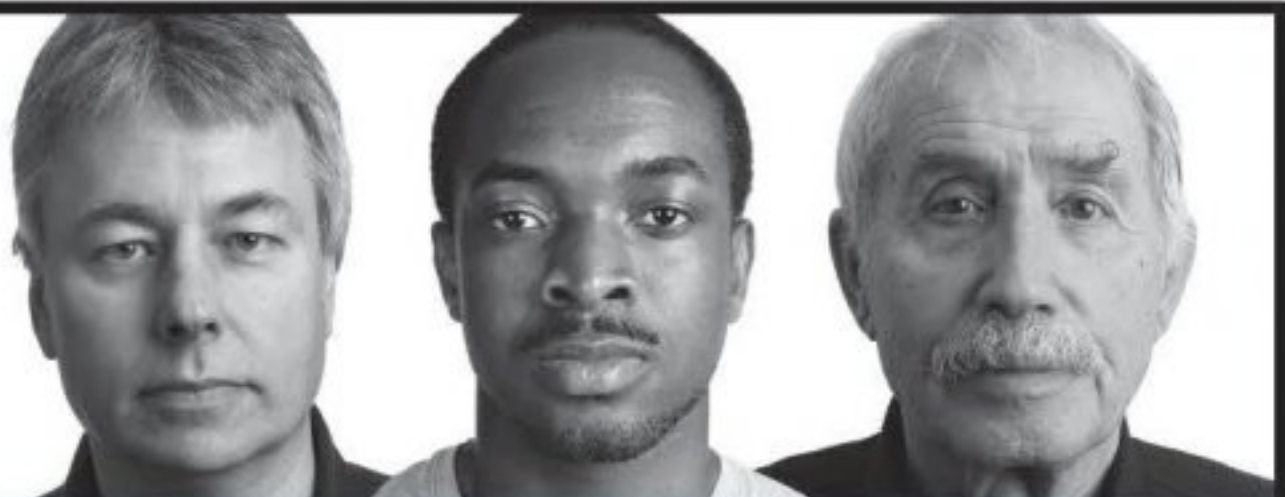
APR 26	JON REGEN TRIO	MAY 24	DONALD HARRISON QUARTET
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MAY 3/4	THE JOEY ALEXANDER TRIO	MAY 31	HAROLD MABERN TRIO
MAY 10	JOEY DEFRANCESCO	JUNE 1	CHRISTIAN SANDS QUARTET
MAY 11	JONATHAN BARBER "VISION AHEAD"	JUNE 7	CAMILLE BURTALT - DIEGO FIGUEIREDO
MAY 16	MELISSA ALDANA BERKLEE MASTERS OF THE ROAD	JUNE 8	CATHERINE RUSSELL
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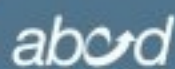
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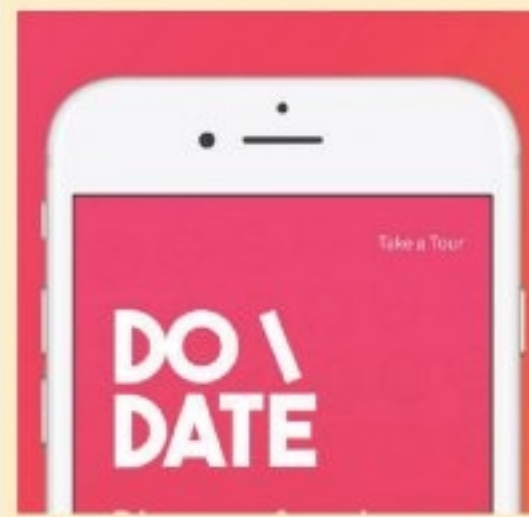
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BEST ALTERNATIVE DATING APPS

DANIEL CASILLAS | METRO WORLD NEWS | PHOTOS PROVIDED

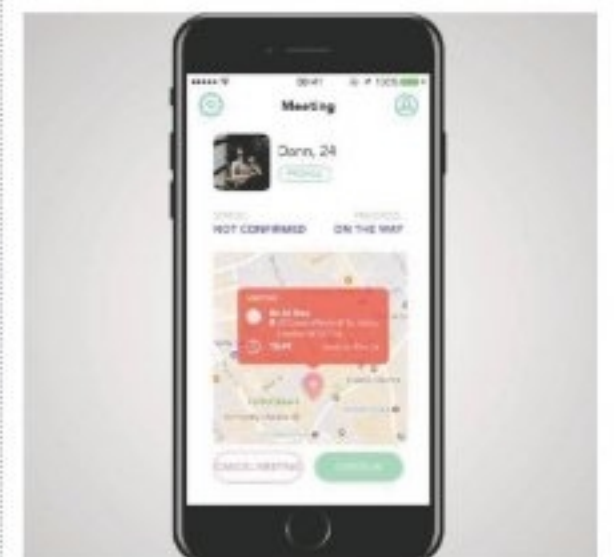
DO I DATE

The aim of this app is to have much more information and transparency about your possible appointment before attending the meeting. It brings an unprecedented level of openness to dates, because on the platform you can review and share past dating experiences, good or bad, for the benefit of others.



NOW

Immediacy is the great advantage of this app called Now. It allows users to find someone who is free and willing to do different activities at a specific time. If you find yourself with a couple of free hours and nothing to do, you can pair up with others and suggest an appointment idea.



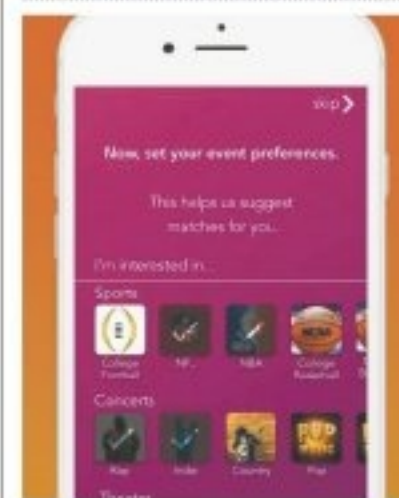
DOUBLE

This app allows you to have a date creatively: in a group. Double app provides a safer way to meet people offline, and it also means you're more likely to get to know those who might interest you. It also eliminates the potential discomfort of an individual date.



SWOONBOX

Is the world's first event-based dating mobile app integrated into TicketMaster, TicketNetwork, Spotify and Fandango. Through deep learning, it matches people around common interest in music, sports and other kinds of events, in order to get them meeting up in real life life as quickly as possible.



OKCUPID

Unlike many dating apps, Okcupid gives more importance to the ideas and thoughts of its users than to their photos. According to its creators, it uses algorithms and information provided by users through questionnaires to achieve the perfect match.



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					9		6	
		8	5					
				4		9		2
2		4			7		5	8
	5				6	3		
			7	3				
6				9				
	4						3	

MEDIUM

5								
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		1	8				3	
	7		3	2				
	2			9	6		1	
		3				2	9	6
						5	8	
		9				6		
				6				3

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the GRUMBLE

READER WRITE-INS:

BAKED DOG POOP

My Grumble is, as the warm to hot weather approaches, for people who have dogs in their yards, especially in rowhomes. The stench of baked dog poop is pretty unbearable when windows are open for a breeze this spring and summer. Please clean your yards because as well as us smelling it, you're seeing and smelling it, too. I like to cook out but it's unpleasant to see and smell a yard full of dog doo-doo. I don't like dookie-flavored meat! This is even offensive to the dogs. This fecal matter is on their paws and in your house. I don't want my laundry on the clothesline to be fragrant with baked dog poop. So don't grumble, be humble and clean it up. Thank you in advance.

— "Marmaduke's neighbors," Metro US readers



metro.us/horoscopes



Aries Don't let an emotional challenge ruin your day. Face facts and make changes that will encourage you to move out of the shade and into the sun. Present what you have to offer.



Libra Don't let uncertainty set in if someone offers information that doesn't make sense. Call on an expert to break down what you've been told so you can make the best choice.



Taurus Think twice before you challenge an opponent. Go over his or her motives and consider how you can work with, instead of against, the inevitable. Compromise may be necessary.



Scorpio Don't let the actions of others influence you. Head in a direction that is conducive to learning and developing skills you can use to bring about personal change that will make you happy.



Gemini Take a warning offered by someone close to you seriously. If you are too willing to help outsiders, you will end up in a vulnerable position.



Sagittarius You'll be encouraged to make a personal change. The manner in which you treat others will lead to an offer that is worth considering.



Cancer Use your irresistible charm appropriately. If you take advantage of someone's vulnerability, you will hurt your reputation. Offer positive reinforcement and support to gain respect.



Capricorn Look for ways to improve your home or relationships with family or co-workers. Reaching out in good faith will lead to a tempting opportunity.



Leo Be smart regarding matters that could affect your home or community. Be willing to go the distance and make adjustments that are in everyone's best interest.



Aquarius Money matters, home improvement and charitable acts will inspire you to contribute more to your community. An unexpected opportunity will develop.



Virgo Listen and learn. Someone who has a unique way of thinking or doing things will inspire you to make a lifestyle or professional adjustment.



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Florida judge blocks release of video in Patriots owner prostitution case

Prosecutors were to release the recordings prior to the reversal.

A Florida judge on Wednesday blocked prosecutors from releasing surveillance video from inside the massage parlor where New England Patriots owner Robert Kraft and dozens of other men have been accused of soliciting prostitution.

Prosecutors said earlier in the day in court filings that they would release the recordings, which were captured by police using hidden cameras, in response to public records requests under Florida's expansive open government laws.

But Circuit Court Judge Joseph Marx, who is overseeing the cases



New England Patriots owner Robert Kraft.

involving the spa's owner and manager, ruled that the video would remain sealed pending an April 29 hearing, when he will consider whether the evidence should

be suppressed, according to court records.

Lawyers for Kraft, who has apologized for his actions at the Orchids of Asia Spa but pleaded not guilty to

the charges, on Friday asked the judge handling Kraft's case to suppress the videotaped evidence of their client, saying it amounted to "basically pornogra-

phy." A hearing on that matter is scheduled for next week.

In a letter filed with the court on Thursday, Kraft's lawyers accused prosecutors of

committing "gross prosecutorial misconduct" by suggesting they would release the footage before its legality has been established.

Authorities in February announced misdemeanor charges against the 77-year-old Kraft and 24 other men for soliciting prostitution, part of a broader investigation of sex trafficking at massage parlors.

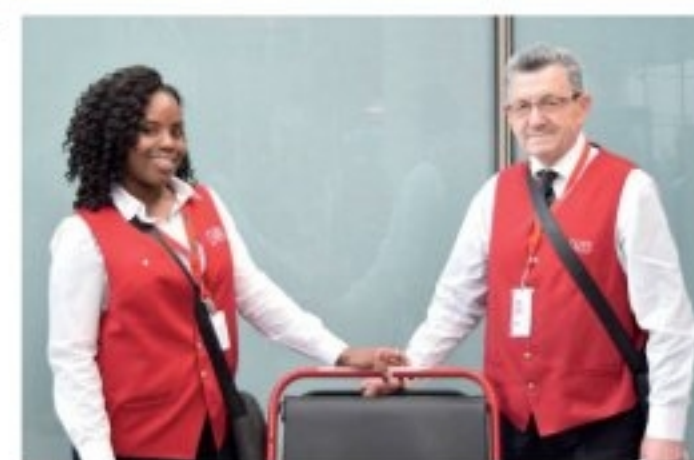
Media companies including ABC and ESPN opposed Kraft's motion, saying the judge would violate Florida's public records laws by suppressing the video.

Kraft purchased the Patriots, one of the National Football League's most successful franchises, in 1994. The team won its sixth Super Bowl under his ownership in February.

REUTERS



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Columbine principal, haunted by massacre, recites victims' names

Each morning for the last two decades, Frank DeAngelis has recited aloud the names of the 13 people killed at Columbine High School, where he served as principal during the 1999 massacre that marked a modern era of mass school shootings.

"When I wake up in bed each morning, that's the first thing I do is recite the names. Then I go into my office and pray," DeAngelis, 64, told Reuters in an interview. "They have been with me since that day and they'll continue to be with me for the rest of my life in the Columbine community."

On April 20, 1999, two heavily armed Columbine students stormed the school in suburban Denver, killing 12 classmates and a teacher before turning their guns on themselves and committing suicide. At the time, it was the deadliest school shooting in U.S. history.

Saturday marks the 20th anniversary of



REUTERS

the Columbine tragedy, and DeAngelis, who retired as principal five years ago, will speak at some of the solemn events celebrating the victims whose lives were cut short.

For DeAngelis, the details of that day are never forgotten. As he shepherded about 20 students to safety down a corridor when the shooting erupted, DeAngelis came face-to-face with one of the shooters, who fired at him but missed.

"I saw a gunman coming toward me and everything was in slow motion," he said. "But I

so vividly remember the sounds of the gunshots breaking the glass behind me."

In the days and weeks following the massacre, DeAngelis became the face of Columbine, giving countless interviews recounting the ghastly shooting and its heart-breaking aftermath.

But some of the hardest moments were still to come. DeAngelis led students, teachers and parents through the dark days following the shooting, and through other gut-wrenching events that followed months and years later.

The mother of a girl left paralyzed from the shooting committed public suicide six months after the massacre. A little more than a year after the rampage, a Columbine student who witnessed murdered teacher Dave Sanders get shot in the opening salvo of gunfire inside the school hanged himself. REUTERS



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TRAVEL



Palm Beach shopping guide

JEANETTE SCOTT
letters@metro.us

Palm Beach is known for its glistening beaches, world-famous golf courses and, of course, the shopping.

Home to some of the most well-known and well-loved shopping spots in Florida, the variety of shopping options offered in Palm Beach means there is truly something for everyone.

1. Worth Avenue

We start our tour with the crown jewel of Florida shopping - often referred to as the "Rodeo Drive of the East Coast." Worth Avenue is dripping with luxury. The picturesque street is located just steps from the beach, lined with palm trees, and features haute couture such as Chanel, Louis Vuitton, Lilly Pulitzer and Tiffany & Co.

2. Antiques Row

Located just a short drive from Worth Avenue is Antiques Row, an antiques shopping hotspot for everyone from the most serious collector to a casual shopper. Antiques Row

is a collection of more than 40 antique shops offering an impressive selection of 17th to 20th century antiques.

3. CityPlace

Just a few streets over you'll find CityPlace. This bustling hub of retail and dining options includes big name brands such as Anthropologie, Restoration Hardware, and Sephora, and smaller locally owned boutiques. And when the sun goes down the nightlife begins with live music in the square and restaurants open late.

4. Gardens Mall

Looking for shopping with air conditioning? You'll want to head to Gardens Mall. You will enjoy the ambiance of this gorgeous mall with fountains throughout, as well as the shopping, which is a mix of high-end retail like Tory Burch and Chanel and affordable merchandise like Victoria's Secret and H&M.

5. Downtown at the Gardens

Located right down the street from Gardens Mall, sister mall Down-



ALL PHOTOS PROVIDED

town at the Gardens is an outdoor dining and retail destination. Restaurants include Avocado Grill and The Cheesecake Factory and the shopping is a perfectly-curated roster of unique boutiques, hip interior decorating spots and select retailers like Urban Outfitters.

6. Palm Beach Outlets

Palm Beach Outlets, is an open air shopping center that features over 100 outlet stores, including some of the best names in fashion including Polo Ralph Lauren Factory Store, Saks Fifth Avenue OFF 5TH, J.Crew I crewcuts Factory, Banana Republic Factory Store, Tommy Hilfiger, Nike Factory Store, Calvin Klein and many more.

When you go...

Check out the Brazilian Court Hotel, a four-star boutique property is perfect for a lovers' escape or even an intimate destination wedding. The hotel's ambiance drips with secret-garden-style romance. Think light Zen-like music playing in the background mixed with the sounds of bubbling fountains throughout the mean-

dering courtyards. It's a favorite hidden locale for celebrities because of the multiple entrances and discreet exits.

The Brazilian Court Hotel is located at 301 Australian Avenue, Palm Beach, FL 33480. For more information and to book your reservation call 561-655-7740 or visit TheBrazilianCourt.com.

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TRAVEL



Celebrate with your family at the *Coconut Bay Beach Resort & Spa* in St. Lucia



PAT KING
patrick.king@metro.us

How do you celebrate milestones in your life? Sometimes a simple photo doesn't quite capture the moment accurately. That's why planning a trip to the award-winning Coconut Bay Beach Resort & Spa in St. Lucia is the perfect choice for families celebrating life's most important and sentimental events from graduations and birthdays to Mother's and Father's Day, and reunions.

Located just 5 minutes from the Hewanorra International Airport and close to Saint Lucia's attractions from the world-famous Pitons to the drive-in volcano, the resort has something for everyone with its Two Worlds in One design. There's the Splash wing for families and the Harmony wing for adults to enjoy and the entire resort is a great value all-inclusive for the whole family.

Families with children will have a wild time on the Coconut Coaster

and Lazy River at the island's largest waterpark in Splash. Close by is the Cocoland Kidz Klub, a perfect place for your kids to play while the adults enjoy some time in the adults-only Harmony wing. Relax the hours away in this retreat lounging on hammocks and sun tracker beds while wait service delivers your cocktails made with top-shelf liquors. For getting everyone together, the resort's Paradise Beach Bar is the ideal setting to enjoy the sea and sand and beautiful

views along a mile-long beachfront.

Why not take advantage of the oceanfront Spa while you have some alone time? All it will take is a short walk from one of the two pools in this adults-only oasis. This would be the perfect treat for Mom and Dad as you can schedule a well-deserved therapeutic spa treatment package for either Mother's Day or Father's Day including "My Hero" an intense deep tissue massage spa therapy package for dad, and for mom the "Mom Knows

Best" an invigorating scrub and Swedish Massage spa treatment using locally grown organics.

The resort's premium all-inclusive amenities include 9 restaurants offering unlimited à la carte and buffet dining at indoor, outdoor and stunning oceanside locations. Serving the best organic produce from the resort's gardens and greenhouses, all are accessible to both young children who need their own kid-friendly menus served in high-chairs as well as an array of deli-

cious cuisines for the rest of the family.

To accommodate all guests from toddlers to seniors, the resort has elevators in both its Splash and Harmony wings for easier access. The Splash wing also has the option of connecting rooms, perfect for keeping the family together on this special occasion!

For more information on rates and packages to the Coconut Bay Beach Resort and Spa, head over to cbayresort.com or call 877-252-0304 today.



OPINION

DANNY
PICARD

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Chris Sale is right. This is embarrassing.

The Boston Red Sox's ace said just as much after the team's 12th loss of the season on Tuesday night — an 8-0 loss to the New York Yankees in the Bronx. It was Sale's fourth loss of the season, as he allowed four earned runs on a solo home run and seven hits in five innings.

Sale is now 0-4 to begin the year, with an 8.50 ERA.

"This sucks," he told reporters after Tuesday's loss. "I'm not gonna sugarcoat it. I just flat out stink right now. I don't know what it is. When you're going good, it's good. When you're going bad, it's pretty bad."

"I've got to find a way to pitch better. This is flat-out embarrassing, for my family, for my team, for our fans. This is about as bad as it gets."

It would be hard to imagine a worse start for the defending World Series champion Red Sox, who had little-to-no roster turnover entering the 2019 regular season. The biggest difference came in the form of not having closer Craig Kimbrel, who's still a free agent as of Wednesday.

Typically, losing an All-Star-caliber closer would be quite impactful. Except, the Red Sox's biggest issues haven't been in the bullpen this season. It's the starting

rotation that's been the problem.

Rick Porcello is 0-3 in three starts with an 11.12 ERA. Nathan Eovaldi entered his start in the Bronx on Wednesday night with an 8.40 ERA. Eduardo Rodriguez is 1-2 in three starts with a 7.98 ERA.

David Price is the closest thing to a bright spot in the Red Sox's rotation thus far, as he's 1-1 in three starts with a 3.79 ERA and is coming off a dominant outing against Baltimore on Sunday, pitching seven scoreless innings with seven strikeouts in a 4-0 Red Sox win over the Orioles at Fenway Park.

The Sox entered their brief two-game series with the Yankees with a 6-11 record after splitting a four-game series with Baltimore over Patriots' Day weekend. Before that, they split a two-game set with Toronto at Fenway, lost two-of-three to the Diamondbacks in Arizona, lost three-of-four to the Athletics in Oakland, and began the year losing three-of-four to the Mariners in Seattle.

Like Sale said, the beginning of this championship reign has been flat-out embarrassing.

For that to change, it will start with Sale. The same Sale who just signed a five-year, \$145 million contract extension with the Red Sox, which doesn't begin until next season.

I told you at the time of the signing that it was a good deal for both sides. Heck, I had created those exact numbers for a Sale extension before the Red Sox even offered it to him. Which makes you think, am I the real Red Sox GM?

In all seriousness though, if I was the real Red Sox GM, I would've probably traded Blake Swihart several years ago, rather than bury him on the roster for the purpose of a 2019 mid-April DFA like they went through with earlier this week. But I'd also try not to make any more panic moves right now, because, well, it is an extremely long season. And because, if you do want to look at the positives with someone as important as Sale, then at least his fastball velocity was up to the high-90s on Tuesday night in New York.

The problem Sale had against the Yankees was that his location was all over the place. There was no accuracy with any of his pitches. You could throw as hard as 105 mph, but if you can't mix in any kind of precision, then the velocity doesn't really matter.

But if we're expecting Sale to put it all together — velocity and accuracy — soon enough, then the Red Sox's turnaround will officially start at that moment.

That's not to let the reigning American League MVP Mookie Betts

off the hook for his .212 batting average and .714 OPS, but Sale is the heart and soul of this team. And until Sale turns it on and pitches the way he's supposed to, then

the 2019 Red Sox season will never officially take a turn for the better.

Sale's right. It's embarrassing. But everyone's waiting on him to do something about it.

Listen to "The Danny Picard Show" on PodcastOne, iTunes, and Spotify. Follow him on Twitter @DannyPicard. Subscribe to YouTube.com/DannyPicard.

Chris Sale and the Red Sox have had a brutal start to the 2019 season.



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Thomas looks for career revitalization

Former Broncos star is a big name, but will he contribute in Foxborough?



MATT BURKE
matthew.burke@metro.us

Six years ago you could've made the case that Demaryius Thomas was the best receiver in football. In 2013 he caught 14 touchdowns from Peyton Manning and posted 92 catches for 1,430 yards. Those numbers are on par with the type of numbers Antonio Brown put up this past season for reference.

Thomas' numbers have dropped off considerably since the middle portion of this decade due to the fact that he was catching passes from a broken-down Manning and countless mediocre quarterbacks in Denver like Brock Osweiler,



Demaryius Thomas was traded from Denver to Houston midway through the 2018 season.

GETTY IMAGES

Trevor Siemian and Paxton Lynch. It also doesn't help that he's now on the wrong side of 30, at 31 years of age, and is coming off a torn Achilles.

It's highly unlikely that Thomas winds up

having a Randy Moss-level revitalization with Tom Brady in Foxborough. In fact, it's much more likely that the 6-foot-3 229-pounder has a Reggie Wayne or Chad Ochocinco-like career with the Pats.

Still, Thomas is absolutely worth taking a flier on — particularly when you see the way that Bill Belichick structured Thomas' deal. According to The MMQB's Albert Breer, Thomas' contract is "heavy on

'we'll see'-type parameters."

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The Patriots just won the Super Bowl without a star-studded receiving corps and Belichick hasn't really valued the position in quite some time. You could actually make the case now that Belichick — who always looks to set league trends and not follow them — places more value on the running back position than at wide receiver.

The Patriots' top three projected receivers for next season — Julian Edelman, Josh Gordon and Thomas — all have major question marks.

Can Edelman keep doing his thing at age 33?

Will Gordon even be allowed to play? And if he does, will he be able to play well?

And now, will Thomas even make the team?

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LEGAL NOTICES

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO

G.L. c. 190B, §5-304

Docket No. SU19P0751GD

**Commonwealth of Massachusetts
The Trial Court**

Probate and Family Court

In the matter of: **Robert Vardaro**

Of: **Boston, MA**

RESPONDENT

Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by **Massachusetts General Hospital of Boston, MA** in the above captioned matter alleging that **Robert Vardaro** is in need of a Guardian and requesting that **Massachusetts General Hospital of Boston, MA** (or some other suitable person) be appointed as Guardian to serve on the bond.

**Suffolk Probate and Family Court
24 New Chardon Street, Boston, MA 02114**

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 05/16/2019. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to this petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: April 03, 2019

[Signature]
Brian J. Dunn, First Justice of this Court

TRUST CITATION

Docket No. SU19P0160PO

Commonwealth of Massachusetts

The Trial Court

Probate & Family Court

The Walter and Elizabeth McNeil

Family Trust u/w/i by Walter J M

In the matter of:

Suffolk Probate and Family Court

24 New Chardon Street, Boston, MA 02114

(617) 788-8300

To all interested persons: A Petition has been filed by: **Elizabeth McNeil of Dedham MA**

The Petitioner requests the Court do the following: Reform the trust to delete current Article XVII - Special Needs Trust, Paragraph 17.05 in its entirety and replace it with the following language: "17.05. Upon the death of the beneficiary, payments for such beneficiary's last illness, funeral or burial expenses may be paid by the Trustee. All of the remaining net principal and accumulated income of this trust shall be distributed to the beneficiaries in accordance with the terms and provisions of Paragraphs 6.02 through 6.09 of this Declaration of Trust."

Petitioner requests that all other provisions under the Trust shall remain in force as presently written.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 05/09/2019.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: March 28, 2019

Pete D. Arroyo, Register of Probate

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

Docket No. SU17P0967PM

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

In the matter of: **Theresa Resonoks**

Suffolk Probate and Family Court

24 New Chardon Street, Boston, MA 02114

(617) 788-8300

A Petition for **Order of Complete Settlement** has been filed by **Elizabeth White, Esq. of Pembroke MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, 1st & Final of Temp. & 1st & Final and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: **10:00 a.m. on the return day of 05/14/2019.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: April 02, 2019

[Signature]
Brian J. Dunn, First Justice of this Court

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COMMONWEALTH OF MASSACHUSETTS

(SEAL)

LAND COURT

19 SM 000387

DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

TO: **Linette E. Duncan Individually and as Personal Representative of the Estate of Linford E. Duncan; Tiya Duncan; Isiah Duncan; Cleveland Duncan** and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. 50 §3901 (et seq):

MTGLQ Investors, L.P. claiming to have an interest in a Mortgage covering real property in **Boston (Dorchester)**, numbered **18 Brinsley Street**, given by **Linette E. Duncan to Citicorp Mortgage, Inc.**, dated **March 18, 1988** and recorded with the **Suffolk County Registry of Deeds in Book 14567, Page 198**, and now held by plaintiff by assignment has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **May 13, 2019** or you may be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, **GORDON H. PIPER** Chief Justice of this Court on March 27, 2019
Attest:

4/18/19

Deborah J. Patterson
Recorder
(17-015619 Orleans)

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. SU18-P-1877-EA

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

Estate of: **Michael J. Yetman**

Also Known As:

Date of Death: **July 1, 2018**

Suffolk Division

To all persons interested in the above captioned estate, by Petition of Petitioner **Peter F. Yetman of Milton MA**. Petitioner **James P. Yetman of South Boston MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

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ACROSS

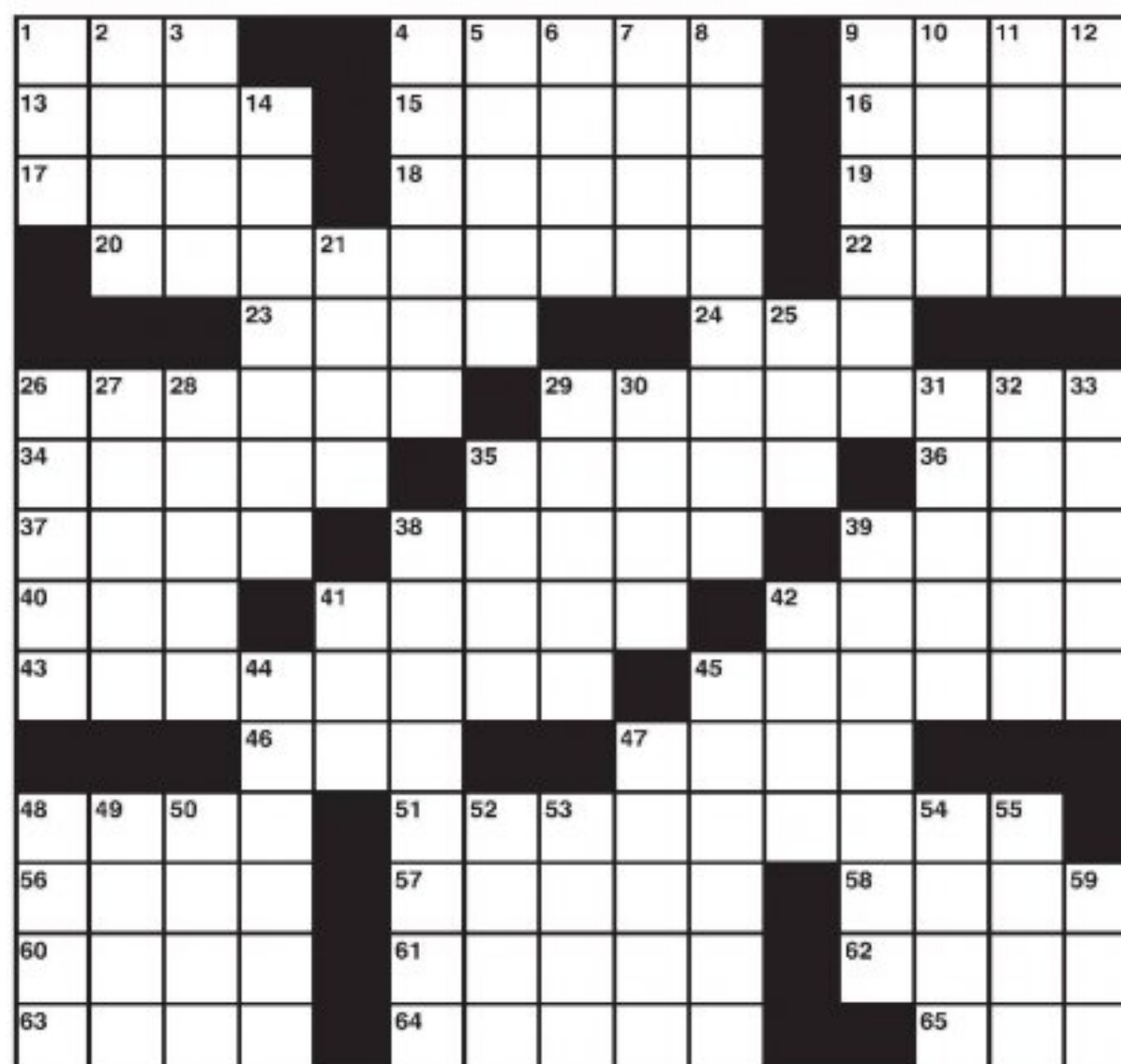
- 1 Sit-; ab exercises
4 Instruct
9 Diminishes
13 Increase
15 Ease, as another's fears
16 Ivory or Dial
17 Circle dance
18 Annoying people
19 Sightseeing trip
20 Seven weeks after Easter
22 TV show award
23 Small fruit pie
24 Female animal
26 Laundry problems
29 Quivering
34 Elephant's nose
35 Pigtail
36 Gun the engine
37 Ladder step
38 Punctuation mark
39 Elvis' "___ Me Tender"
40 ___ like; pretend to be
41 Window pieces
42 Creator
43 Bothered

- 45 Dressy clothes
46 "If I ___ a Hammer"
47 James ___; 007
48 Long narrative
51 Rebel
56 First man
57 Lasso loop
58 Authentic
60 Rattle; upset
61 Mt. Aconcagua's range
62 "Oh, for Pete's ___!"
63 Peepers
64 Minimum
65 Ball holder

DOWN

- 1 Word of disgust
2 ___ up; support
3 Blister or boil
4 Narrow candles
5 Chosen few
6 Additionally
7 Popular pets
8 Frenzied state
9 Hold in high regard
10 Sound of an explosion
11 "The Wizard of Oz" author
12 Nimble

- 14 Desiring
21 ___ top; sleeveless shirt
25 Marry
26 Satchel feature
27 Cease-fire
28 Dad's sisters
29 Carrying a gun
30 Flat caps
31 Penniless
32 Crowbar
33 Each
35 Humerus or clavicle
38 Church official
39 Columnist Ann
41 Split ___ soup
42 Actress ___-Na Wen
44 Longest river entirely in England
45 Woods
47 Public transports
48 Not in danger
49 One ___ Multivitamins
50 Long look
52 Nary a one
53 Ice cream concoction
54 ___ as a pin
55 ___ away; subtract
59 Gen. Robert E. ___



BY TCA

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Alec
David
Doctor
Fright
Hardy

Jessica
Jones
Kilgrave
Peter
Police Box

Scottish
Sonic
Tennant
Vincent
Who

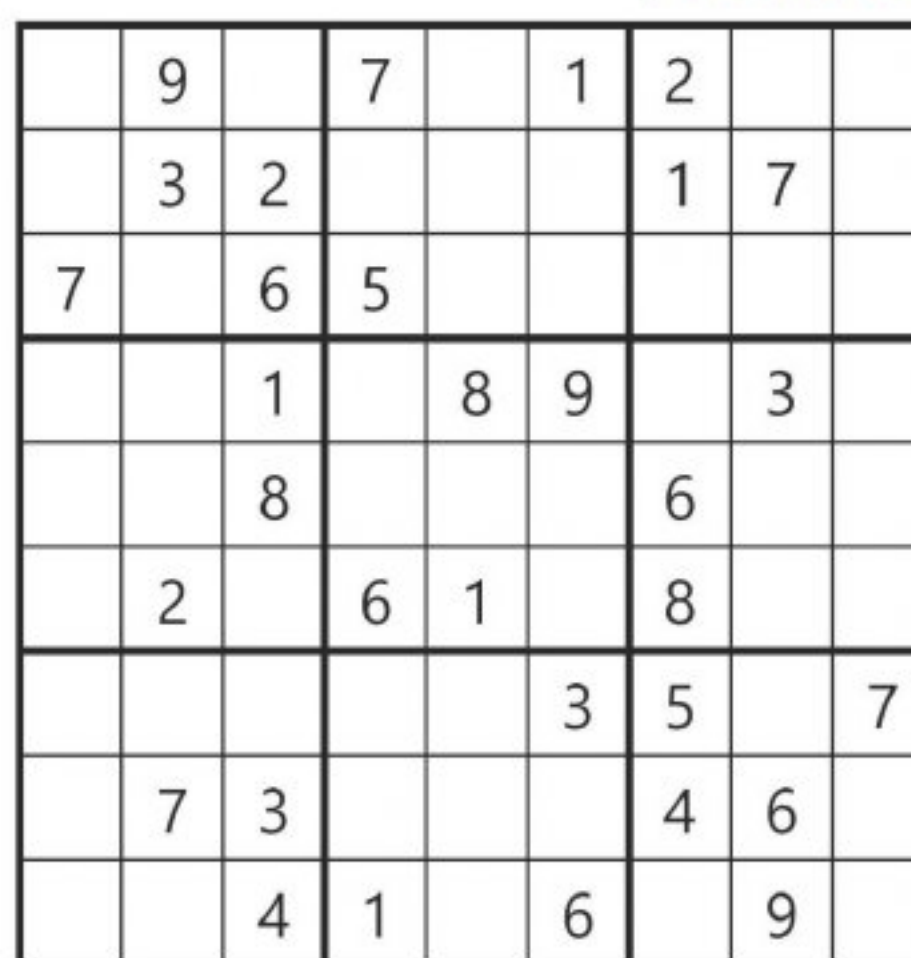
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A photograph of two young women standing on a wooden dock by a body of water. They are both wearing blue life jackets. The woman on the left is holding a white smartphone up to take a selfie. They are both smiling. In the background, there is a body of water with some boats, a rocky shoreline, and a modern building with a glass facade. The sky is clear and blue.

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